



TREATMENT FOLLOWING BOTOX®/DYSPORT®

- Do not lie down for the first 4 hours following a treatment.
- Do not exercise right after a treatment. You can resume exercise the next day.
- Do not massage or manipulate the injection sites for 48 hours after injection.
- Animate the muscles that were treated for the next 1-2 hours, as this may help the neuromodulator to take effect.
- If bruising occurs, it may be covered up with makeup. Bruises usually resolve in just a few days, but may take up to 2 weeks.
- It will take 4-7 days for you to see results, and up to 2 weeks for peak effect.
- If after 2 weeks, you have any concerns or are not satisfied with the results, please contact us.

Botox/Dysport appointments are ideally scheduled 3 months apart for the first 3 treatments. After that, the interval between appointments can sometimes be gradually lengthened depending on your response to treatment. Try to come in before you return completely to baseline. We find that this may improve and maintain the results longer in subsequent treatments.

If you have any questions or concerns, or experience an unexpected reaction, please call us immediately. A physician can always be reached after hours through the answering service. We are happy to speak with you any time (310) 906-2788.